



10 Ways to Help the House

1. Become a Guest Chef/Breakfast Buddy

- Join our Guest Chef program to prepare and serve dinner or breakfast for our 20 families at the Front and Erie House or 45 families at the Chestnut Street House. Each night, a different volunteer group purchases, prepares, and serves a home-cooked meal. Our Guest Chef program is consistently rated as one of the top services that we provide for our families.
- We are also in need of Breakfast Buddy groups during the week to purchase, prepare, and stock healthy, portable continental breakfast items for our families. Breakfast items will be kept in our Healthy Breakfast case until the next morning when families can grab items on their way to the hospital.

2. Adopt A Family or Adopt-A-Room

- Company employees who want to support the House, but are limited with time can Adopt A Family by sending in a donation that underwrites the family's stay at the Philadelphia Ronald McDonald House for a specific time period. We ask our families to pay a guest fee of \$15/night; however, if they cannot afford this fee, we discount or waive the fee. It costs us upwards of \$100/night to provide the services for our families, so the Adopt A Family program is based on covering the total cost at \$100/night for any length of stay.
- The Adopt-A-Room partnership is a program allowing you to be the room sponsor of one of the 65 guest rooms at one of our two Houses. Your funding will sponsor all of the families who stay in that room throughout the year.

3. Become a Family Room Partner

- Become a Family Room Partner and drop-off a meal for families utilizing the Ronald McDonald Family Rooms at The Children's Hospital of Philadelphia. Your generous meal donation ensures no family has to worry about where they will eat while at the hospital.

4. Adopt A Camper or Adopt A Cabin

- Every August, the Philadelphia Ronald McDonald House hosts Ronald McDonald Camp in the Poconos Mountains and this year we are celebrating our 30th anniversary. This camp enables children with cancer and their siblings to experience the joys of summer camp and just be kids. While there is no charge to the patient campers, and siblings can attend for a nominal fee of \$150, the actual cost to attend camp is over \$500 per camper. The Adopt A Camper program helps ensure that a child with cancer will have something to look forward to this summer and will get a much-needed break from the stress and uncertainty of treatment. In addition to adopting a camper, we also offer the opportunity to adopt a cabin. Your gift of \$5,000 will make a lasting impact on the lives of an entire cabin of children battling cancer and their siblings.

5. Sponsor and/or participate in one of our premier events

- The Annual CBS3 & the CW Philly "Change the Luck of a Child" Phone Bank.
- The Annual PRMH Plane Pull®— A giant tug-of-war between teams of 20 people & a hefty airplane.
- Hit 'Em for the House— Annual golf and tennis outing which includes a day of golf and/or tennis, lunch, a cocktail hour, dinner, live auction, and other festivities.
- The PHILAlympics— Gather co-workers to compete against other companies in engaging and fun games to test your physical and mental ability. This event is filled with fun, team building activities to find the "phunniest" company in Philly.
- Join Team PRMH and run for the House.
- For more upcoming events, please visit: www.philarmh.org/events.

6. Fund a Program

- Our Family Emergency Fund, administered by our social workers, is a relief fund that is used to pay the non-medical expenses—such as mortgages and rent payments, utility bills, and car repairs—of the most financially-devastated families we serve at our two Houses.
- Our Chestnut Street Healthy Breakfast program provides nutritious, complimentary, and portable continental breakfast items to families on weekday mornings to make sure they have a healthy meal before heading to the hospital to be with their seriously ill child.
- Our Hospitality Kiosk extends our reach to families on the critical care units of St. Christopher’s Hospital for Children by offering an array of complimentary healthy snacks, beverages, toiletries, and other amenities to help improve the overall hospital experience of both patients and their families.

7. Volunteer at one of the Philadelphia Ronald McDonald Houses

- Schedule a Community Service Day for your employees. Consider bringing a team of 6 - 8 employees to the Philadelphia Ronald McDonald House to do spring cleaning or tackle a special project.
- You can also create a new program for the families that focuses on the talents of your employees. For example, if your employees have musical talent, you could entertain the families with a musical performance.

8. Collect and donate items through a Wish List Drive

- The House needs the same supplies that you need in your own homes, just in larger quantities for our 65 families. Host a drive to collect needed items.
- Donate Company Products. Your company might produce a product or offer a service that could directly help our families during their stay, or help offset a portion of our operating expenses. Many of the products or services that you need in your office or home could also be donated to the Philadelphia Ronald McDonald House. For example: paper goods, office supplies, snacks, cereal, paint and hardware products, maintenance services, etc. Think about what your company does, and see if there’s a possible fit.

9. Recycle for Ronald

- Pull for the House and collect aluminum tabs. Collect aluminum tabs from soda cans, soup cans, or tennis ball canisters. We turn this aluminum into cash for the House. Since the inception of this program in 1997, we have raised over \$165,000.
- Donate your used printer cartridges and cell phones and Recycle for Ronald. The cash for your cartridges and cell phones will be donated to help the families of the Philadelphia Ronald McDonald House. You can drop off the cartridges or we can schedule a pick-up.

10. Office Initiatives

- Participate in the **#GivingTuesday** global movement. Held on the Tuesday after Black Friday and Cyber Monday in December, charities, families, businesses, community centers, and students around the world come together to give back. Host a #GivingTuesday event and select the Philadelphia Ronald McDonald House as your beneficiary and encourage employees to donate at www.philarmh.org.
- Show Your Stripes for the Philadelphia Ronald McDonald House by purchasing our famous red and white striped socks and posting your best #Sockie photo on social media to help spread awareness of our organization.
- Participate in a United Way Employee Giving Campaign and select the Philadelphia Ronald McDonald House as your beneficiary. Encourage employees to donate to United Way Donor Option: **#3288**.

**To learn more about these opportunities, please contact
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