

What Breakfast Buddies Groups should bring when setting up from 11 a.m. to 2 p.m.

Breakfast Fridge

- 12 single serve Greek yogurts (assorted flavors)
 - 12 yogurt parfaits in clear plastic cups with lids
 - 10 individual sized hummus cups and packets
 - 24 individually wrapped cheeses (e.g., cheese sticks, cheddar or Babybel)
 - 12 smoothies (Naked Juices or Kellogg's Breakfast to Go)
 - 1 dozen hardboiled eggs in bowl with tongs, covered in plastic wrap
1. All items stored in fridge in breakfast nook cabinets
 2. Extra items can be stored at bottom of the breakfast fridge, covered with a plastic cover

Counter

- Assorted fruit (5 pounds of bananas, 5 pounds of other seasonal fruit)
- 16 granola bars, breakfast bars or protein bars
- 12 single serve cups of hot breakfast cereal (e.g.; oatmeal or mixed grain)

Bakery Case

(Clear display unit on Breakfast Nook Table)

- One dozen bagels

If Breakfast Buddies Groups volunteer during the hours 11 a.m. and 2 p.m. then they will have sufficient time to:

- Hard boil one dozen eggs
- Bake 3 or 4 breakfast breads, slice breads, wrap and label slices and place them in the bakery case
- Cut up fresh fruit for up to 10 single serve fruit salads which will be placed in serving cups

